

Ages 3-5 are crucial for children's emotional cognitive development. During this period, children begin to understand and express their own emotions while recognising others' feelings. This emotional awareness development has a profound impact on children's social skills, learning, and psychological well-being. This activity helps children better understand expressions and emotions. You can conduct this activity at home with just some old cardboard.

Materials Needed

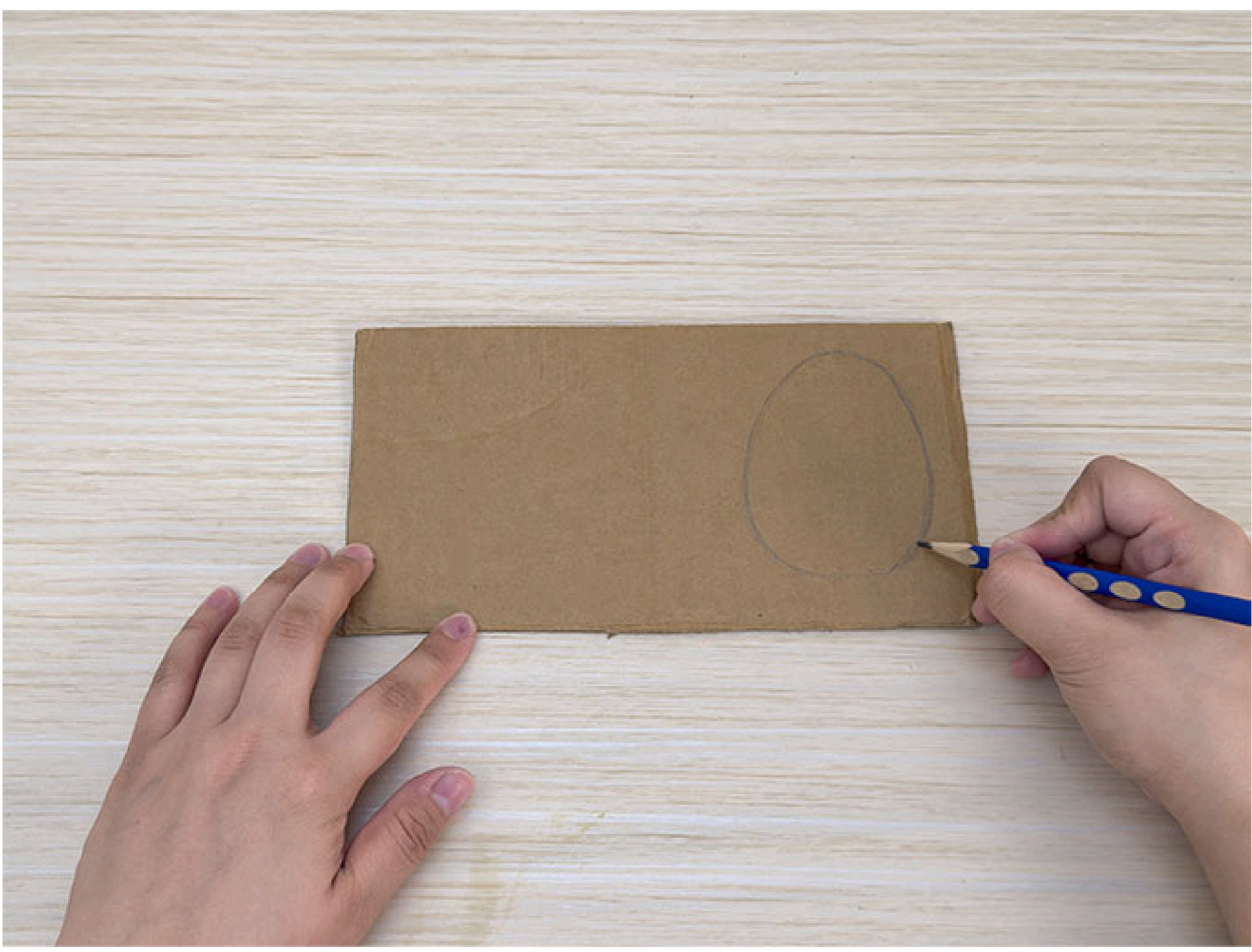
Card stock
Googly eyes
Pencil markers
Scissors



Step-by-step tutorial

Step 1

Take a piece of cardstock, draw an egg shape with a pencil and cut it out.



Step 2

Use this egg card as a template to trace the same shape onto the remaining card stock. Cut out all the egg shapes.



Step 3

Select one of the cut-out egg cards and cut it in half.



Step 4

Use the bottom half of the cut egg card as a template to draw guidelines on the lower portions of the other egg cards.



Step 5

Using markers and googly eyes, create different expressions on your egg cards.



Step 6

Cut along the guidelines on your decorated egg cards.



Step 7

Try mixing and matching these expression cards!

